



Allergen Information

AUGUST 2026

We recommend that you always consult your doctor for questions regarding your diet as Popeyes Louisiana Kitchen, Inc., its franchisees, and employees do not assume responsibility for a person's sensitivity or allergy to food provided in our restaurants. The allergen information provided is based on our suppliers' ingredient lists as of August 2026. Please note that normal kitchen operations may involve some shared cooking and preparation areas and utensils, and the possibility exists that your food may come in contact with food products that may contain other allergens. Products fried in a shared fryer include but may not be limited to: Signature Bone-in Chicken, Tenders, Wings, Chicken Sandwich Filet, Seafood, Cajun Fries and Fried Pies. Products prepared in a shared toaster include but may not be limited to Sandwich Buns.

Product availability and nutrition information for some menu items may vary by location due to seasonal differences, ingredient substitutions, and supplier variations. Products currently being tested, and other limited-time offerings may not be listed. If a menu item is not listed here, we encourage anyone with food sensitivities, allergies or other special dietary needs or concerns to consult with their physician or dietitian prior to eating at any Popeyes restaurant.

- Menu item contains allergen
- Menu item may contain allergen

Menu Item	Shared Fryer (F) /Toaster (T)	Milk	Wheat	Egg	Soy	Fish (F) / Shellfish (S)	Peanuts	Tree Nuts	Sesame
SIGNATURE CHICKEN - CLASSIC OR SPICY									
Classic Signature Chicken (Wing, Leg, Breast, Thigh)	F	•	•	•	•				
Spicy Signature Chicken (Wing, Leg, Breast, Thigh)	F	•	•	•	•				
TENDERS									
Classic Tenders	F	•	•	•	•				
Spicy Tenders	F	•	•	•	•				
Blackened Tenders	F				○				
WINGS - BONELESS OR BONE-IN									
Classic Boneless or Bone-In Wings	F	•	•	•	•				
Buffalo Rub Wings (Boneless or Bone-In)	F	•	•	•	•				
Honey BBQ Wings (Boneless or Bone-In)	F	•	•	•	•				
Lemon Pepper Rub Wings (Boneless or Bone-In)	F	•	•	•	•				
Garlic Parmesan Rub Wings (Boneless or Bone-In)	F	•	•	•	•				
Ghost Pepper Rub Wings (Boneless or Bone-In)	F	•	•	•	•				
Signature Hot Wings (Boneless or Bone-In)	F	•	•	•	•				
Sweet 'N Spicy Wings (Boneless or Bone-In)	F	•	•	•	•				
SEAFOOD									
Butterfly Shrimp	F	•	•	•		• S			
SANDWICHES									
Classic Chicken Sandwich	F / T	•	•	•	•				○
Spicy Chicken Sandwich	F / T	•	•	•	•				○
Honey BBQ Chicken Sandwich (Limited Time Only)	F / T	•	•	•	•				○
WRAPS									
Classic Tender Wrap	F	•	•	•	•				
Spicy Tender Wrap	F	•	•	•	•				
Classic Tender Blackened Ranch Wrap	F	•	•	•	•				

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SIGNATURE SIDES									
Biscuit		•	•		•				
Cajun Fries	F		•						
Homestyle Mac & Cheese		•	•	•	•				
Mashed Potatoes with Cajun Gravy		•	•		•				
Red Beans & Rice									
Coleslaw				•	•				
Cajun Rice			•	•	•				
Cajun Gravy		•	•		•				
Jalapeño									
Cheese Bites (Limited Time Only)	F	•	•	•					
DIPPING SAUCES									
Bayou Buffalo™		•							
BoldBQ™			•		•				
Blackened Ranch		•		•					
Buttermilk Ranch		•		•					
Mardi Gras Mustard™				•					
Signature Sauce				•	•				
Sweet Heat®									
Wild Honey Mustard				•					
Cocktail Sauce									
DESSERTS									
Cinnamon Apple Pie	F	•	•		•				
Strawberry Cream Cheese Pie	F	•	•	•	•				
Blueberry Lemon Cheesecake Cup (Limited Time Only)		•	•	•					

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BREAKFAST ITEMS									
Breakfast Chicken Biscuit	F	•	•	•	•				
Breakfast Sausage Biscuit		•	•		•				
Breakfast Egg Biscuit		•	•	•	•				
Breakfast Bacon Biscuit		•	•		•				
Breakfast Sausage & Gravy Biscuit		•	•		•				
Hash Rounds	F				•				
Coffee									
Orange Juice									
BEVERAGES									
Diet Coke®									
Coca-Cola®									
Diet Coke®									
Sprite®									
Fanta® Strawberry									
Fanta® Orange									
Hawaiian® Punch									
Mountain Dew®									
Pepsi®									
Diet Pepsi®									
Dr. Pepper®									
Unsweetened Tea									
Sweet Tea									
Minute Maid® Lemonade									
Premium Lemonades (Classic and Flavored)									